

# *By Design Social Skills LLC*

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## **Skill Evaluation**

Please place a check mark next to the skills you'd like to improve in your child. When evaluating each skill, please think about your child's skills relative to their interaction with other children. It is common for a child to be able to exhibit an appropriate behavior with an adult, but not be able to exhibit the same behavior with a peer.

### Attending

- Body Orientation
- Eye Contact

### Greetings

- Says "Hi" and "Bye" using a peer's name
- Initiates and responds to parting statements
- Introduces himself and others

### Manners

- Please, Thank You, You're Welcome
- Apologizes (I'm sorry)
- Compliments
- Telephone Etiquette

### Provides Assistance to Others

- Says "bless you" to a sneeze
- Asks "are you okay?"
- Assists friend when at his own home (acts as host)
- Comforts a playmate in distress

### Game Play

- Engages in independent play
- Engages in parallel play
- Engages in cooperative play
- Engages in imaginative play
- Shares toys/belongings
- Takes turns
- Plays games
- Compromises
- Follows rules
- Requests items
- Wins/loses appropriately
- Joins group play
- Plays as part of a team

### Social Skills

- Asks and answers social questions
- Relates experiences
- Talks about current events
- States self-affirmations ("I'm good at \_\_\_\_")

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## Conversation Skills

- Initiates conversation and stays on topic
- Changes conversational topic
- Joins conversations
- Provides background information when introducing a topic
- Vocal tone, inflection and level

## Nonverbal Communication

- Gives and follows basic nonverbal commands
- Interprets and labels gestures, postures and body language
- Interprets and follows social cues
- Plays charades

## Emotions and Perspective Taking

- Identifies and labels emotions of others
- Labels emotions on self
- Imitates emotions
- Expresses empathy
- Identifies different perspectives taken in a given situation
- Can assess social situations
- Identifies character traits

## Direction Giving and Following

- Follows a set of directions
- Gives a set of directions
- Explains how to play a game
- Follows directions in a timely, age appropriate manner

## Self-Management

- Sits and attends to simple tasks
- Expresses wants and needs
- Requests assistance
- Delays reinforcement
- Expresses anger appropriately
- Solves problems
- Recognizes and respects personal space
- Exhibits proper behavior in the community (restaurant, library, store, etc.)

## Conflict Management

- Resolves conflicts
- Deals with teasing and bullying
- Persuades
- Accepts criticism

## Friendship Management

- Shares friends
- Avoids bragging
- Effectively deals with peer pressure